

ASSOCIATION OF INDIAN UNIVERSITIES (AIU)

Comprehensive Guidelines & Selection Criteria for Establishment of High-Performance Training Centres (HPTCs)

(For AIU Member Universities)

Sports: Wrestling (North Zone) • Swimming (South Zone) • Archery (East Zone) • Shooting (West Zone)

1. Background

The Association of Indian Universities (AIU), as the apex body for university sports in India representing more than 1,200 member universities, has played a pivotal role in promoting competitive sports and creating opportunities for lakhs of student-athletes through the Inter-University Sports Championships. While AIU has significantly expanded participation in university sports, its next strategic priority is to establish a structured high-performance pathway that identifies talented university athletes and prepares them for sustained success at the national and international levels.

To achieve this vision, AIU proposes the establishment of four High-Performance Training Centres (HPTCs) in collaboration with selected member universities, with one Centre in each AIU Sports Zone. These Centres namely “***AIU’s High-Performance Training Centre***” (***HPTC***) will function as National hubs of excellence for talent identification, scientific coaching, strength and conditioning, biomechanics, nutrition, sports psychology, performance analysis, and long-term athlete development. The HPTCs will provide year-round, evidence-based training and serve as the bridge between university competitions and elite international sport.

AIU will further strengthen collaboration with National Sports Federations (NSFs), the Sports Authority of India (SAI), State Sports Associations, and other high-performance agencies to ensure that outstanding university athletes receive systematic opportunities for advanced coaching, national camps, international exposure, and selection pathways leading to the FISU World University Games, FISU World University Championships, Olympic Games, Asian Games, Commonwealth Games, and other international sporting events.

Each selected host university shall initially receive financial assistance of ₹5,00,000 (Rupees Five Lakh only) as one time grant from AIU for coaching, sports science support, athlete welfare, and performance enhancement. AIU reserves the right to increase the number of High-Performance Training Centres based on the success of the programme, emerging sporting priorities, and the growing participation of member universities across the country.

The AIU financial assistance of ₹5,00,000 is intended to strengthen coaching, sports science support, equipment for athletes, and athlete-welfare services at a facility that already meets the infrastructure standards prescribed in Section 5. It is not intended to fund the construction or acquisition of infrastructure. Applicant universities must therefore already possess, or have permanent institutional access to, the infrastructure described in Section 5 at the time of application; the grant supplements the operation of that infrastructure and does not create it.

2. Objectives

The High-Performance Training Centres (HPTCs) are established with the objective of creating a structured and sustainable ecosystem for the identification, development, and long-term performance enhancement of university athletes in India. The Centres shall serve as National centres of excellence and shall pursue the following objectives:

1. To identify and develop elite university athletes through a scientific, evidence-based and long-term athlete development model, enabling talented student-athletes to achieve excellence at national and international levels.

2. To establish a structured performance pathway that connects AIU Inter-University Championships with National Sports Federations (NSFs), the Sports Authority of India (SAI), FISU competitions, and other elite international sporting platforms.
3. To provide integrated high-performance support services by combining expert coaching with sports science, biomechanics, strength and conditioning, physiotherapy, nutrition, sports psychology, performance analysis, and recovery management.
4. To prepare university athletes for international representation, including the FISU World University Games, FISU World University Championships, Olympic Games, Asian Games, Commonwealth Games, and other recognised international competitions.
5. To promote research, innovation, and the application of sports science within universities by encouraging collaborative research, performance monitoring, data analytics, and the adoption of modern training technologies.
6. To strengthen institutional collaboration among AIU, member universities, National Sports Federations, SAI, and other stakeholders for creating a unified high-performance university sports ecosystem.
7. To contribute to India's long-term medal-winning potential by developing a continuous pipeline of world-class university athletes capable of representing the nation with distinction in major international sporting events.

3. Sports and AIU Zones

The Association of Indian Universities (AIU) shall initially establish four High-Performance Training Centres (HPTCs), with one Centre in each AIU Sports Zone, based on the identified priority sport. Each Centre shall function as the National hub for elite athlete training, talent identification, coaching excellence, and sports science support within its respective zone.

AIU Sports Zone	Priority Sport	No. of HPTCs
North Zone	Wrestling	1
South Zone	Swimming	1
East Zone	Archery	1
West Zone	Shooting	1
Total	4 Sports	4 Centres

Selection of Host Universities

1. Only one member university in a particular Sport shall be selected as the Host High-Performance Training Centre in each AIU Sports Zone.
2. The selected university shall serve as the National Centre of Excellence for the respective sport and shall conduct training camps, talent development programmes, and high-performance activities under the guidance of AIU.
3. Recognition as an HPTC shall initially be granted for a three-year term, subject to annual performance review and compliance with AIU guidelines.
4. AIU reserves the right to establish additional High-Performance Training Centres based on sporting priorities, National requirements, athlete participation, and the availability of financial resources.

4. Eligibility of Universities

A member university shall be eligible to apply for designation as an AIU High-Performance Training Centre (HPTC) only if it satisfies the following institutional, administrative, technical, and governance requirements. The university shall demonstrate its commitment to developing a sustainable high-performance sports ecosystem and its capacity to function as a National centre of excellence.

The requirements in Section 4.1 constitute Gate Criteria. A university that does not satisfy any Gate Criterion shall be treated as ineligible and shall not proceed to technical evaluation under Section 11, irrespective of the strength of its application in other respects. Gate Criteria are assessed on a satisfy/does-not-satisfy basis and carry no marks of their own; the 100-mark Evaluation Matrix in Section 11 applies only to universities that have already cleared all Gate Criteria.

4.1 Institutional Eligibility Requirements (Gate Criteria)

The applicant university shall fulfill the following mandatory conditions:

1. Shall be a recognised Member University of the Association of Indian Universities (AIU) in good standing.
2. Shall possess adequate sports infrastructure for the identified sport, either owned by the university or under its permanent institutional control through a valid long-term arrangement.
3. Shall have the academic and administrative capacity to operate a year-round High-Performance Training Centre and provide access to hostels, medical, and sports science facilities.
4. Shall have qualified coach(es) and allied manpower for the respective sport.
5. Universities that have successfully organised AIU's Inter-University Championships, National Championships, Khelo India, or other recognised national sporting events during the preceding five years shall be given preference.
6. Shall submit a formal resolution/approval of the Vice-Chancellor authorising the establishment and operation of the HPTC.
7. Shall agree to execute a Memorandum of Understanding (MoU) with AIU and comply with all operational, financial, monitoring, and reporting guidelines prescribed by AIU.
8. Shall undertake to operate the Centre for a minimum period of three years, subject to annual performance evaluation by AIU.

4.2 Administrative Governance and Institutional Commitment

The university shall constitute a dedicated administrative structure for effective management of the High-Performance Training Centre. The following officers shall be nominated by the Vice-Chancellor:

Position	Role & Responsibility
Vice-Chancellor	Patron of the HPTC and overall institutional leadership
Registrar	Administrative Authority responsible for governance, MoU compliance, and institutional coordination
Director of Sports / Director of Physical Education	Centre Coordinator responsible for daily operations, athlete management, training camps, and liaison with AIU
Finance Officer	Financial Management, maintenance of accounts, utilisation of AIU grants, and submission of audited statements
Chief Head Coach (NIS Qualified)	Technical Director responsible for high-performance planning, coaching programmes, athlete selection, and performance monitoring

The nominated officers shall ensure that the Centre functions in accordance with AIU regulations, maintains transparency in administration, and delivers measurable outcomes in athlete development and international performance.

5. Mandatory Infrastructure Standards

The applicant university shall possess international-standard sports infrastructure appropriate to the designated sport. The facilities shall be available throughout the year for training, coaching camps, talent identification, sports science assessment, and AIU High-Performance programmes. The infrastructure shall comply with the technical standards prescribed by the

respective International Federation, National Sports Federation (NSF), Sports Authority of India (SAI), and AIU, wherever applicable.

Common Infrastructure Requirements (Applicable to All HPTCs)

In addition to sport-specific facilities, every High-Performance Training Centre shall provide:

1. International-standard strength and conditioning gymnasium
2. Sports science laboratory or testing facility
3. Physiotherapy and sports medicine unit
4. Recovery facilities including ice bath/compression therapy
5. Athlete hostel (separate for men and women)
6. Sports nutrition and dining facility
7. High-speed internet and video analysis room
8. Seminar/classroom for education and performance review
9. Safe and enabling practice and sports environment for students specially for women students. Clean drinking water, safe and well-lit accommodation, accessible washrooms, and emergency medical support

AIU reserves the right to verify all infrastructure through a Technical Inspection Committee before granting recognition as a High-Performance Training Centre. Universities failing to meet the mandatory standards shall not be considered for selection.

Specific Requirements (Applicable to All HPTCs) :

A. Wrestling High-Performance Training Centre (North Zone)

The university shall provide a dedicated wrestling complex with the following minimum facilities:

Competition & Training Infrastructure

Facility	Minimum Requirement
Wrestling Hall	International-standard indoor hall
Competition Mats	2 UWW approved mats
Practice Mats	2 additional training mats
Competition Arena	Seating capacity for spectators and officials
Lighting	Minimum 1000 lux LED illumination
Ventilation	Air-conditioned or adequate ventilation system

Strength & Conditioning Facilities:

1. Olympic lifting platforms
2. Free weight and resistance training area
3. Functional fitness and agility zone
4. Cardio conditioning equipment
5. Athlete recovery and mobility area

Support Facilities:

1. Sports physiotherapy clinic
2. Ice bath and recovery room
3. Sports massage facility
4. Video performance analysis room
5. Separate changing rooms for men and women
6. Officials' room and meeting/classroom

B. Swimming High-Performance Training Centre (South Zone)

The university shall possess an Olympic-standard aquatic facility.

Pool Infrastructure:

Facility	Minimum Requirement
Main Pool	50 metre Olympic pool
Lanes	Minimum 8 lanes
Depth	As per World Aquatics standards
Starting Blocks	International specification
Lane Ropes	Competition standard
Water Quality	Filtration and temperature control system

Additional Requirements

1. Warm-up/training pool (desirable)
2. Electronic timing and touch-pad system
3. Underwater video recording system (preferred)
4. Lifeguard station with certified personnel
5. Poolside medical and first-aid room
6. Spectator seating and officials' area

C. Archery High-Performance Training Centre (East Zone)

The university shall establish a dedicated archery training range meeting national standards.

Facility	Minimum Requirement
Outdoor Range	70 metre competition range
Shooting Lanes	Minimum 10 lanes
Indoor Range	18 metre practice facility (desirable)
Targets	WA approved target butts
Equipment Room	Secure storage and workshop
Environmental Support	Wind flags and safety barriers

Additional facilities shall include an athlete preparation area, equipment maintenance room, classroom for technical analysis, and spectator/officials' space.

D. Shooting High-Performance Training Centre (West Zone)

The university shall possess an ISSF-compliant indoor shooting facility.

Facility	Minimum Requirement
Shooting Range	10 metre indoor electronic range
Firing Points	Minimum 10
Target System	ISSF compliant electronic targets
Armoury	Secure weapon and equipment storage
Surveillance	CCTV monitoring system
Safety	Dedicated Safety Officer room and emergency protocols

The shooting complex shall also provide equipment inspection facilities, athlete waiting area, officials' room, performance analysis room, and adequate ventilation and lighting in accordance with ISSF safety standards.

6. Sports Science Facilities — Mandatory

Every AIU High-Performance Training Centre (HPTC) shall establish or ensure continuous access to integrated sports science and athlete-support services. The purpose shall be to scientifically monitor athlete performance, reduce injury risk, optimise training loads, and support long-term athlete development.

Facility / Service	Requirement	Minimum Standard / Scope
Strength & Conditioning Laboratory	Mandatory	Functional strength testing, training-load monitoring, conditioning and fitness assessment
Physiotherapy & Sports Medicine Unit	Mandatory	Injury assessment, rehabilitation, injury prevention and treatment
Sports Massage & Recovery	Mandatory	Recovery, mobility, soft-tissue management and post-training recovery
Performance Testing	Mandatory	Periodic physiological, fitness and sport-specific performance assessment
Video & Performance Analysis	Mandatory	Technical analysis, competition analysis and athlete performance monitoring
Sports Nutrition	Mandatory	Nutritional assessment, individual diet plans, hydration and competition nutrition
Sports Psychology	Desirable	Mental conditioning, stress management, concentration and competition preparation
Biomechanics Analysis	Desirable	Movement analysis, technique optimisation and injury-risk assessment

Sports Psychology and Biomechanics Analysis remain classified as "Desirable" for the purpose of initial recognition and are not treated as Gate Criteria. However, Host Universities are strongly encouraged to build capacity in these areas over the three-year recognition term, and demonstrated progress on both shall be taken into account during the annual performance review under Section 16 and in any decision on renewal or continuation of recognition.

The HPTC shall maintain an individual athlete performance profile containing training, testing, injury, nutrition and performance data, subject to applicable privacy and institutional requirements. Wherever a university does not have certain specialised facilities, it may establish a formal MoU or service arrangement with a recognised university department, hospital, sports science laboratory, SAI centre or other competent institution.

7. Human Resource Criteria

The effectiveness of an HPTC shall depend primarily upon the availability of qualified and experienced coaching and sports science personnel. The host university shall ensure that appropriately qualified personnel are available throughout the training programme.

7.1 Coaching and Technical Staff

Position	Minimum Qualification / Requirement
Chief Coach / Head Coach	NIS Diploma / SAI-recognised coaching qualification in the concerned sport — Mandatory
Assistant Coach	NIS qualification / recognised equivalent qualification with relevant coaching experience
Strength & Conditioning Coach	Recognised professional certification with experience in high-performance sport
Sports Physiotherapist	BPT/MPT or equivalent professional qualification with sports experience
Sports Nutritionist / Dietician	Relevant postgraduate qualification/certification in Sports Nutrition/Dietetics
Sports Psychologist	Postgraduate qualification in Sports Psychology or equivalent recognised qualification
Performance Analyst	Relevant qualification/experience in sports performance and video analysis

Mandatory Coaching Requirement:

The Chief Coach/Head Coach must possess an NIS Diploma or SAI-recognised coaching qualification in the concerned sport. An application that does not demonstrate the availability of a suitably qualified Head Coach shall not be considered eligible for selection, unless specifically relaxed by AIU for exceptional reasons.

8. Residential and Athlete Welfare Requirements

The HPTC shall provide an athlete-centred safe and enabling environment that supports not only training and competition but also the academic, nutritional, medical, psychological and social well-being of university athletes.

8.1 Athlete Accommodation

1. Safe residential accommodation with a minimum capacity of 30 athletes at the initial stage.
2. Separate and secure accommodation facilities for male and female athletes.
3. Clean, hygienic, well lit and adequately ventilated rooms.
4. Study rooms with Wi-Fi/internet connectivity.
5. Laundry and basic recreational facilities.
6. Adequate security and safeguarding arrangements.
7. Easy access to training and sports science facilities.

8.2 Sports Nutrition

1. A scientifically planned sports diet prepared under the supervision of a qualified nutritionist/dietician.
2. Adequate meals during training camps, preferably four meals/feeding opportunities per day, according to training requirements.
3. Adequate hydration and electrolyte support.

4. Pre-training, post-training and competition nutrition support.
5. Individualised nutritional plans for athletes where required.

8.3 Medical and Athlete Welfare Support

1. 24×7 first-aid and emergency medical support during residential camps.
2. Immediate access to ambulance services.
3. A formal tie-up with a multi-speciality hospital for emergency and specialist treatment.
4. Periodic medical and fitness screening of athletes.
5. Injury prevention, rehabilitation and return-to-play protocols.
6. Emergency response and evacuation procedures.
7. Appropriate athlete safeguarding and protection mechanisms.

9. Equipment Standards

The applicant university shall possess adequate quantity and quality of sport-specific equipment required for high-performance training. Equipment shall be maintained in safe, serviceable and competition-ready condition and shall conform, wherever applicable, to the standards prescribed by the respective International Federation, National Sports Federation and AIU.

Sport	Minimum Equipment Requirement
Wrestling	UWW-compliant wrestling mats, scoring system, training equipment and strength & conditioning equipment
Swimming	Competition-standard lane ropes, starting blocks, timing system, training equipment and performance-monitoring equipment
Archery	World Archery (WA)-compliant target faces/butts, training bows and equipment, target stands, safety equipment and performance-analysis tools
Shooting	ISSF-compliant electronic target system, appropriate shooting equipment, safety equipment and secure equipment/weapon storage

AIU may review the adequacy of sport-specific equipment during the pre-selection technical inspection and subsequent annual monitoring visits. The host university shall also be encouraged to mobilise institutional resources and other permissible sources of funding to supplement the AIU financial assistance and continuously upgrade the HPTC.

10. Performance Eligibility and Sporting Track Record

Selection of the Host University shall not be based solely on the availability of infrastructure. The sporting performance, athlete development record, coaching ecosystem, and demonstrated capacity of the university to produce competitive athletes shall also be considered. Preference shall be given to universities that have demonstrated sustained performance in the concerned sport at university, national and international levels.

The following performance indicators shall be considered:

10.1 AIU Inter-University Performance

1. MAKa Trophy winners
2. Gold, Silver or Bronze medal winners in the sports concerned.
3. Multiple AIU medal-winning athletes.

4. Athletes who have represented the university at national and international competitions.
5. Consistent participation in AIU Inter-University Championships.
6. A demonstrated record of developing athletes from university level to higher competitive levels.

10.2 Khelo India University Games

1. Produced medal-winning athletes or teams.
2. Participated in the Khelo India University Games.
3. Athletes selected for Khelo India and other national high-performance programmes.
4. Demonstrated capacity to prepare athletes for multi-sport national competitions.

10.3 National-Level Performance

1. National Championship medalists.
2. National Games participants and medalists.
3. Junior and Senior National Championship medalists.
4. Athletes selected for national camps.
5. Athletes included in recognised national ranking/performance programmes.

10.4 International and FISU Representation

1. Represented India at international competitions.
2. Participated in FISU World University Games or FISU World University Championships.
3. Won medals at recognised international university competitions.
4. Represented India at Asian, Commonwealth, World Championships or other recognised international competitions.

10.5 Olympic and Elite Performance Pathway

1. Represented India at the Olympic Games.
2. Qualified for or participated in Olympic qualification events.
3. Been included in recognised national high-performance or developmental squads.
4. Demonstrated potential for progression towards future Olympic or major international competition.

10.6 Long-Term Athlete Development

Preference shall also be given to universities demonstrating a systematic, talent identification and long-term athlete development programme, including identification of promising athletes at junior/university level, structured progression to senior national level, regular performance testing, scientific training, injury management and linkage with National Sports Federations.

Note: Performance achievements shall preferably be evaluated for the preceding ~~three to~~ five years, and documentary evidence such as official results, certificates, rankings, selection letters and participation records shall be submitted along with the application.

11. Evaluation and Selection Matrix — 100 Marks

The selection of the Host University for establishment of an AIU High-Performance Training Centre (HPTC) shall be based on a transparent, objective and evidence-based evaluation process. The assessment shall consider the university's sports infrastructure, qualified human resources, sporting performance, athlete welfare, governance, institutional commitment and long-term sustainability.

Each eligible university shall be assessed for a maximum of 100 marks. The evaluation shall be undertaken on the basis of documents submitted by the university and verified through physical inspection, wherever considered necessary by AIU. This scored evaluation applies only to universities that have already cleared the Gate Criteria in Section 4.1.

A. Sports Infrastructure — 35 Marks

Component	Maximum Marks	Assessment Parameters
Competition Facility	15	Availability, quality, capacity and compliance with national/international standards
Training Facility	10	Dedicated training areas, availability, quality and suitability for high-performance training
Strength & Conditioning & Recovery	5	Gymnasium, strength equipment, conditioning facilities and recovery infrastructure
Sports Science Facilities/Space	5	Physiotherapy, testing, video analysis, nutrition and other sports science facilities
Total	35	

B. Human Resources — 20 Marks

Component	Maximum Marks	Assessment Parameters
NIS/SAI Qualified Chief Coach	10	Qualification, experience, national/international exposure and performance record
Assistant Coach(es)	3	Qualification, experience and availability
Sports Physiotherapist	3	Professional qualification and high-performance sports experience
Strength & Conditioning Coach	2	Recognised qualification and relevant experience
Nutritionist / Sports Psychologist	2	Qualified personnel and availability of athlete support services
Total	20	

Mandatory condition: Availability of a suitably qualified NIS Diploma/SAI-recognised Chief Coach in the concerned sport shall be an essential eligibility requirement (Gate Criterion). Marks under this component are awarded, in addition, based on the coach's qualification, experience and demonstrated performance record.

C. Sporting Performance — 20 Marks

Achievement	Maximum Marks	Assessment Parameters
AIU Inter-University Performance	8	Medals and consistent performance during the preceding 3–5 years
National-Level Performance	6	National Championship/National Games medalists and national-level representation
International/FISU Representation	6	FISU, Asian, Commonwealth, World Championship, Olympic or other recognised international representation
Total	20	

D. Athlete Welfare & Support — 15 Marks

Component	Maximum Marks	Assessment Parameters
Athlete Hostel & Accommodation	5	Capacity, quality, separate facilities for men and women and proximity to training facilities
Sports Nutrition	4	Qualified nutritionist, sports diet, hydration and food support
Medical & Rehabilitation Support	3	Medical screening, physiotherapy, hospital tie-up and emergency services
Athlete Safety & Safeguarding	3	Security, emergency response, safeguarding and athlete protection mechanisms
Total	15	

E. Governance, Institutional Commitment & Sustainability — 10 Marks

Component	Maximum Marks	Assessment Parameters
Vice-Chancellor/Institutional Commitment	3	Formal institutional commitment, administrative support and resource allocation
Financial Management	2	Transparent financial system, utilisation of grants and audit mechanism
Annual High-Performance Training Plan	3	Scientific annual training calendar, camps, competitions, testing and monitoring
Research, Innovation & Performance Development	2	Sports science research, technology, data analysis and collaboration with experts
Total	10	

11.1 Physical Verification

AIU may constitute an Expert Technical Inspection Committee comprising appropriate experts in sports coaching, sports science, infrastructure, administration and the concerned sport. The Committee may physically inspect the facilities, verify submitted documents, assess the actual availability and functionality of infrastructure and interact with coaches and university officials.

Members of the Expert Technical Inspection Committee shall have no current institutional affiliation, employment relationship, or direct personal interest with the university being inspected. Any member with such an affiliation or interest shall recuse themselves from the inspection of that university, and AIU shall nominate a replacement member for that inspection.

Any material discrepancy between the information submitted in the application and the facilities actually available may result in reduction of marks, rejection of the application, or disqualification, as determined by AIU.

11.2 Tie-Breaking Criteria

In case two or more universities obtain the same final score, preference shall ordinarily be given in the following order:

1. Higher score in Sports Infrastructure;
2. Higher score in Human Resources;
3. Higher score in Sporting Performance;
4. Higher number of athletes represented at FISU/international level;
5. Greater institutional commitment and demonstrated sustainability.

The final decision regarding selection shall rest with the Competent Authority of AIU.

11.4 Grievance and Reconsideration. A university that is not selected, or that disputes the findings of the Technical Inspection Committee or the marks awarded under Section 11, may submit a written representation to AIU within 15 days of communication of the outcome, setting out the specific grounds of grievance. AIU shall constitute a review, distinct from the original Evaluation Committee, to consider the representation and shall communicate its decision within 30 days. The decision of AIU on reconsideration shall be final.

12. Obligations and Responsibilities of the Selected Host University

The university selected as the AIU High-Performance Training Centre (HPTC) shall assume full institutional responsibility for the effective, transparent and sustainable operation of the Centre. The Host University shall ensure that the Centre functions as a National centre of excellence and delivers measurable outcomes in athlete development, performance enhancement and international representation.

12.1 Training and Athlete Development

1. Conduct a minimum of two structured national-level/high-performance coaching camps every year in the respective sports, in consultation with AIU and the concerned National Sports Federation, wherever applicable.
2. Provide systematic training and development opportunities to a minimum of 30–40 university athletes annually, with flexibility to increase the number based on available infrastructure and resources.
3. Give priority to talented athletes identified through AIU Inter-University Championships, Khelo India University Games, National Championships and other recognised competitions.
4. Develop an annual scientific training programme covering preparation, competition, recovery and performance evaluation.
5. Facilitate the progression of identified athletes towards FISU, national and international competitions through appropriate linkages with NSFs, SAI and other high-performance agencies.

12.2 Athlete Performance Monitoring

1. Maintain an updated digital Athlete Performance Database containing training records, competition results, fitness assessments, injury records, sports science assessments and performance progression.
2. Conduct periodic performance testing and maintain individual athlete performance profiles.
3. Submit an annual assessment of athlete development and measurable performance outcomes to AIU.

12.3 Reporting and Monitoring

1. Submit quarterly progress reports to AIU covering training activities, athletes enrolled, coaching camps, performance outcomes, use of facilities and utilisation of AIU financial assistance.
2. Submit an annual comprehensive performance report to AIU along with the prescribed utilisation certificate and financial statement.
3. Permit AIU or its authorised representatives to conduct inspection, monitoring and performance review visits to the AIU's HPTC at any reasonable time.
4. Cooperate fully with AIU's evaluation and monitoring mechanisms and implement recommendations made following inspections.

12.4 AIU Branding and Visibility

1. Prominently display the AIU High-Performance Training Centre identity and prescribed AIU branding at the Centre, training venues and official HPTC communications.
2. Use the AIU name and logo only in accordance with the branding and communication guidelines prescribed by AIU.

Capacity Building

1. Organise at least one Coaches' / Technical Officials' Education, Internship and Certification Programme every year in coordination with AIU and, where appropriate, the concerned National Sports Federation.
2. Encourage continuous professional development of coaches, technical officials, sports scientists and support staff.

Institutional Responsibility

1. Ensure that the facilities, qualified coaches and support personnel committed in the application remain available throughout the approved HPTC period.
2. Ensure that AIU financial assistance is utilised strictly for approved purposes and in accordance with AIU financial rules and applicable government/institutional regulations.
3. Maintain proper records, bills, vouchers, asset registers and other documents relating to the utilisation of AIU funds.
4. Immediately inform AIU of any significant change affecting infrastructure, coaching personnel, athlete support services or the functioning of the Centre.

Failure to comply with these obligations may result in corrective measures, withholding of financial assistance, suspension of HPTC recognition, or withdrawal of the Centre's designation by AIU, in accordance with the applicable AIU guidelines and MoU.

13. Financial Assistance and Utilisation of AIU Grant

The Association of Indian Universities (AIU) shall provide initial financial assistance of ₹5,00,000 (Rupees Five Lakh only) to each selected Host University for strengthening and operationalising AIU's High-Performance Training Centre (HPTC). The financial assistance shall be utilised exclusively for activities directly related to athlete development, high-performance training, sports science, performance enhancement and capacity building.

As set out in Section 1, this financial assistance strengthens and operationalises a Centre built on infrastructure the university already possesses under Section 5; it does not fund the creation of that infrastructure (see Section 13.7, Non-Permissible Expenditure).

The financial assistance shall be subject to the approved AIU financial norms, availability of funds, execution of the MoU, and satisfactory compliance with the HPTC Guidelines.

13.1 Permissible Utilisation of Grant

Component	Maximum Allocation (%)	Amount on ₹5,00,000 Grant
Coaching & Technical Experts	30%	₹1,50,000
Sports Science & Athlete Support	20%	₹1,00,000
Sports Equipment & Training Aids for athletes	25%	₹1,25,000
Athlete Recovery, Testing & Performance Assessment	15%	₹75,000
Education, Capacity Building & Performance Analysis	10%	₹50,000
Total	100%	₹5,00,000

13.2 Coaching and Technical Experts — 30%

1. Remuneration/honorarium of visiting or specialist coaches.
2. Engagement of qualified technical experts for high-performance camps.
3. Specialist coaching clinics and short-term training interventions.
4. Technical consultation for athlete performance enhancement.

13.3 Sports Science and Athlete Support — 20%

1. Sports science assessment.
2. Physiotherapy and rehabilitation support.
3. Sports nutrition consultation.
4. Sports psychology services.
5. Performance monitoring and athlete testing.
6. Specialist sports science services that are not otherwise available within the university.

13.4 Sports Equipment and Training Aids — 25%

The grant may be utilised for the procurement of sport-specific training equipment, performance-enhancement equipment and training aids, subject to AIU financial norms.

Preference shall be given to equipment that directly contributes to athlete performance and has a demonstrable requirement within the HPTC.

13.5 Athlete Recovery, Testing and Performance Assessment — 15%

1. Recovery and rehabilitation services.
2. Fitness and physiological testing.
3. Performance assessment.
4. Video and technical analysis.
5. Competition-performance analysis.
6. Athlete monitoring and related testing services.

13.6 Education, Capacity Building and Performance Analysis — 10%

1. Coaches' education programmes.
2. Technical officials' development programmes.
3. High-performance workshops and seminars.
4. Athlete education and career-support programmes.
5. Performance analysis and technical learning resources.

13.7 Non-Permissible Expenditure

The AIU financial assistance shall not be utilised for:

1. Civil construction or major infrastructure development.
2. Purchase of land or buildings.
3. Salaries of permanent university employees.
4. Purchase of vehicles.
5. Routine administrative expenditure.
6. Office furniture and general institutional expenditure unrelated to HPTC activities.
7. Any expenditure not directly connected with the approved objectives of the HPTC.

13.8 Enhancement of Financial Assistance

The ₹5,00,000 assistance shall be treated as the initial financial support for establishment and strengthening of the HPTC. AIU may revise or enhance the quantum of financial assistance from time to time, subject to the availability of funds, performance of the Centre, emerging high-performance requirements and approval of the competent authority.

Additional financial support, where approved, may be linked to performance outcomes, athlete representation, international achievements, utilisation of previous grants and demonstrated requirements of the Centre.

13.9 Financial Accountability

The Host University shall maintain separate and proper records of all expenditure incurred from the AIU grant and shall submit:

1. Utilisation Certificate;
2. Statement of Expenditure;
3. Supporting bills/vouchers;
4. Asset/equipment register, wherever applicable; and
5. Annual financial and performance report.

Any unutilised balance shall be dealt with in accordance with AIU financial norms and the terms of the MoU. AIU shall have the right to seek clarification, supporting documents or recovery of funds in cases of misutilisation, diversion or expenditure contrary to the approved guidelines.

14. Documents Required for Application

The applicant university shall submit a complete application dossier containing documentary evidence to establish its eligibility, infrastructure, human resources, sporting performance, athlete-support facilities, institutional commitment and capacity to operate the proposed AIU High-Performance Training Centre (HPTC). Incomplete applications or applications without mandatory supporting documents may not be considered for further evaluation.

The following documents shall be submitted:

14.1 Institutional and Administrative Documents

1. Duly completed AIU Application Form in the prescribed format.
2. Formal approval/resolution of the Vice-Chancellor authorising the university to apply for establishment of the HPTC.
3. Details of the University HPTC Nodal Officer/Centre Coordinator, including official designation and contact details. He/she will function as Single Point of Contact (SPOC) for day coordination between AIU and HPTC.
4. Undertaking confirming the university's willingness to enter into an MoU with AIU and comply with the HPTC Guidelines.
5. Institutional undertaking to provide the committed infrastructure, coaches, support staff and other facilities for the approved period.

14.2 Infrastructure and Facility Documents

1. Infrastructure Compliance Certificate duly signed by the competent university authority.
2. Detailed inventory of all sport-specific infrastructure (geotagged) and facilities, including dimensions, capacity, specifications and current condition.
3. Details of strength and conditioning, sports science, recovery, physiotherapy and performance-analysis facilities.
4. Details of hostel, dining, medical, ambulance and other athlete-welfare facilities.
5. Minimum 15 recent geo-tagged photographs covering the principal sports facilities, training areas, gymnasium, recovery facilities, hostel, medical facilities and other relevant infrastructure.
6. Wherever applicable, layout/site plans, technical specifications, accreditation/certification documents and safety certificates relating to the sports facility.

14.3 Coaching and Human Resource Documents

Complete details of the proposed Chief/Head Coach, including:

1. Educational and coaching qualifications;
2. NIS Diploma/SAI certification;
3. Experience;
4. National/international coaching exposure; and
5. Athlete performance record.
6. Self-attested copies of the NIS/SAI coaching certificate and other relevant qualifications of the Chief Coach.
7. Details and qualification certificates of Assistant Coaches.

8. Details and qualification certificates of the Strength & Conditioning Coach, Sports Physiotherapist, Nutritionist, Sports Psychologist, Performance Analyst and other support personnel, wherever available.
9. Appointment/engagement letters or institutional commitment for the availability of key personnel.

14.4 Sporting Performance Documents

1. Details of the university's performance in AIU Inter-University Championships during the preceding three years, including medals and participation.
2. Details of participation and achievements in Khelo India University Games and other recognised university competitions.
3. Details of National Championship/National Games medalists and participants produced by the university.
4. Details of athletes who have represented India at FISU, Asian, Commonwealth, World Championship, Olympic or other recognised international competitions during the preceding three years.
5. Documentary evidence such as official result sheets, certificates, ranking lists and selection/participation letters.

14.5 Athlete Welfare and Support Documents

1. Detailed information regarding hostel/accommodation facilities, including capacity for male and female athletes.
2. Details of sports nutrition and dining arrangements, including availability of a qualified nutritionist/dietician.
3. Details of medical, physiotherapy, rehabilitation and emergency services.
4. Copy/details of the university's hospital/medical institution tie-up, wherever applicable.
5. Details of athlete safeguarding, security and emergency-response arrangements.

14.6 High-Performance Programme Documents

A detailed Annual High-Performance Training Plan, covering:

1. Athlete identification and selection;
2. Annual training calendar;
3. Coaching camps;
4. Competition planning;
5. Strength and conditioning;
6. Sports science assessment;
7. Recovery and rehabilitation;
8. Performance monitoring; and
9. Pathway towards FISU, national and international competitions.
10. Proposed three-year HPTC Development Plan indicating targets for athlete development, infrastructure enhancement, coaching, sports science and international performance.
11. Proposed mechanism for linkage and coordination with the concerned National Sports Federation, SAI and other high-performance agencies.

14.7 Financial Documents and Undertakings

1. Proposed Utilisation Plan for the AIU Financial Assistance of ₹5,00,000.
2. Declaration confirming that AIU financial assistance shall be utilised strictly in accordance with the prescribed AIU financial norms.
3. Undertaking regarding maintenance of proper accounts, supporting bills/vouchers, asset registers and submission of the Utilisation Certificate and Statement of Expenditure.
4. Declaration that the university shall not utilise the AIU grant for civil construction, permanent staff salaries, vehicles or other non-permissible expenditure.
5. Declaration confirming that all information and documents submitted are true, complete and verifiable.

14.8 Verification by AIU

AIU reserves the right to seek additional documents, clarifications, certificates or evidence wherever required. All documents submitted by the university shall be subject to verification by AIU.

AIU may also conduct a physical inspection of the proposed HPTC before final selection to verify the infrastructure, equipment, coaching staff, sports science facilities and other claims made in the application. Any material misrepresentation or submission of incorrect information may lead to rejection of the application or withdrawal of HPTC recognition.

15. Selection Procedure

The selection of Host Universities for establishment of the AIU High-Performance Training Centres (HPTCs) shall be undertaken through a transparent, competitive, objective and evidence-based process. AIU shall assess the eligibility, infrastructure, human resources, sporting performance, athlete welfare, institutional commitment and sustainability of each applicant university.

Stage	Activity	Description
Stage I	Invitation of Applications	AIU shall issue a formal notification inviting applications from eligible AIU Member Universities for the respective sport and AIU Sports Zone.
Stage II	Preliminary Document Scrutiny	AIU shall scrutinise applications and supporting documents to determine compliance with the prescribed eligibility and mandatory requirements. Applications failing to meet essential eligibility conditions may be rejected at this stage.
Stage III	Technical Evaluation	Eligible applications shall be evaluated by an AIU-designated Evaluation Committee on infrastructure, coaching, sports science, sporting performance, athlete welfare, governance and sustainability.
Stage IV	Physical Inspection	Shortlisted universities may be physically inspected by an AIU Expert/Technical Inspection Committee to verify infrastructure, equipment, human resources and other claims made in the application.
Stage V	Final Scoring	Following document scrutiny and physical inspection, eligible universities shall be assessed against the prescribed 100-mark Evaluation Matrix. A minimum score of 70 marks shall ordinarily be required for qualification.

Stage	Activity	Description
Stage VI	Recommendation & Approval	The Evaluation Committee shall prepare its recommendations based on merit. The final selection shall be submitted to the competent authority of AIU for approval.
Stage VII	Execution of MoU	The selected university shall enter into a formal Memorandum of Understanding (MoU) with AIU specifying the responsibilities, financial assistance, performance requirements, monitoring mechanism and duration of recognition.
Stage VIII	Release of Grant & Commencement	Following execution of the MoU and fulfilment of prescribed conditions, AIU shall release the approved financial assistance and the university shall formally commence HPTC activities.

15.1 Selection Principles

The selection process shall be guided by the following principles:

1. Transparency and fairness in evaluation.
2. Merit-based selection of the most suitable university in each zone; in the respective Sport.
3. Verification of all major claims through documentary evidence and physical inspection.
4. Priority to universities demonstrating long-term athlete development potential.
5. Preference for universities with strong linkages with National Sports Federations, SAI and other high-performance institutions.
6. One Host University shall ordinarily be selected for each designated sport and zone.

AIU reserves the right to cancel, defer, re-invite or modify the selection process where sufficient eligible applications are not received or where no applicant meets the prescribed standards.

16. Monitoring, Performance Review and Key Performance Indicators (KPIs)

The AIU High-Performance Training Centres shall operate under a continuous monitoring and performance evaluation framework. Recognition of an HPTC shall not be based solely on infrastructure; the Centre shall be required to demonstrate measurable outcomes in athlete development, performance improvement, national representation and international progression.

AIU shall conduct an annual performance review of each HPTC against predefined Key Performance Indicators (KPIs). The review may include examination of training records, athlete performance data, competition results, utilisation of facilities, financial expenditure, coaching activities and athlete-support services.

16.1 Key Performance Indicators

KPI	Annual Target	Measurement/Assessment
Athletes Trained	30+	Number of university athletes enrolled and undergoing structured HPTC training
AIU Medalists	15+	Athletes winning medals in AIU Inter-University Championships
National Medalists	8+	Athletes winning medals in recognised National Championships/National Games
FISU Representation	3+	Athletes selected/represented in FISU World University Games/Championships

KPI	Annual Target	Measurement/Assessment
Performance Tests	4+	Comprehensive performance assessments conducted during the year
High-Performance Coaching Camps	2+	Structured national/high-performance coaching camps conducted annually
International Representation	As applicable	Athletes progressing to recognised international competitions
Athlete Performance Improvement	Documented annually	Improvement based on sport-specific performance indicators
Sports Science Interventions	Quarterly/As required	Testing, rehabilitation, nutrition, psychology and performance-analysis support

16.2 Annual Performance Review

1. Achievement against approved KPIs.
2. Athlete participation and performance progression.
3. Medals and rankings at AIU and national competitions.
4. FISU and international representation.
5. Quality and availability of coaching staff.
6. Utilisation and maintenance of infrastructure.
7. Utilisation of AIU financial assistance.
8. Implementation of sports science and athlete-welfare programmes.
9. Compliance with the MoU and AIU guidelines.
10. Progress towards the Centre's approved three-year development plan.

16.3 Performance-Based Continuation

The HPTC shall initially be recognised for a three-year period, subject to annual performance review. Continuation of recognition and future financial assistance may be linked to the Centre's demonstrated performance, compliance and measurable outcomes.

Where a Centre consistently fails to meet the prescribed standards or KPIs, AIU may:

1. Issue a performance improvement notice;
2. Require submission of a corrective action plan;
3. Withhold or defer further financial assistance;
4. Place the Centre under enhanced monitoring; or
5. Withdraw HPTC recognition in accordance with the terms of the MoU.

At the same time, Centres demonstrating exceptional performance, international representation and medal-winning outcomes may be considered by AIU for enhanced support, additional resources, expanded athlete intake and continuation or upgradation as a National centre of excellence.

16.4 Renewal and Continuation After the Initial Three-Year Term. Not later than six months before expiry of the initial three-year recognition, AIU shall review the Centre's cumulative performance against its approved three-year development plan and annual KPIs. Based on this review, AIU may: (i) renew recognition of the Centre for a further term, with or without revised

KPIs and financial assistance; (ii) require a fresh application and re-evaluation under Sections 4 and 11 where performance has been materially below target; or (iii) allow recognition to lapse at the end of the term, in which case the university shall submit a final utilisation certificate and asset register within 60 days. AIU shall communicate its decision on renewal to the Host University at least 60 days before expiry of the term.

17. Data Privacy and Protection of Athlete Information. The individual athlete performance profile and digital Athlete Performance Database referred to in Sections 6 and 12.2 shall be maintained by the Host University in accordance with applicable data protection law and the university's own institutional data policies. Access to an athlete's individual health, medical, and performance data shall be restricted to the coaching, medical, and sports science personnel directly involved in that athlete's training and treatment, and to AIU for the purposes of monitoring and performance review under Section 16. Where an athlete is a minor, data shall additionally be shared with, and consent obtained from, the athlete's parent or legal guardian as required by law. Athlete data shall not be shared with any third party for commercial or promotional purposes without the athlete's (or, for minors, the parent's/guardian's) written consent. Retention and disposal of athlete data on cessation of an athlete's association with the Centre shall follow the Host University's institutional data retention policy. The respective HPTC shall be solely responsible for ensuring the protection and security of athletes' data.

Declaration

The applicant university shall certify that all information furnished is true and agree to abide by the AIU High-Performance Training Centre Guidelines, financial norms, monitoring framework and performance evaluation system.

Association of Indian Universities (AIU) — Sports Division, New Delhi